

Aftercare for PUREWHITENING Teeth Whitening

How to Continue with PUREWHITENING Home Whitening:

- Use the last syringe with 6% hydrogen peroxide for at least one week, ideally until you finish its entire content. Apply it for 1-2 hours daily (anytime during the day, for example, before bedtime).

How to Maintain the Current Shade:

- Perform touch-up whitening every 2 months (or between 1-3 months) by wearing the trays overnight with a carbamide peroxide gel, using either a 10% concentration (for very sensitive individuals) or 16% concentration (for others).
- After you complete touch-up whitening with the 6% hydrogen peroxide syringe, count the appropriate time interval (1-3 months) before the next session.
- If you miss a touch-up for an extended period (e.g., 6 months), we recommend wearing the trays for 2-3 consecutive nights to achieve optimal results.
- If you skip touch-up whitening for more than a year, it's advisable to purchase a syringe (either 10% or 16%, depending on sensitivity) and use the entire content over 1-2 hours daily (anytime during the day, for example, before bedtime).
- Due to EU regulations, syringes can only be purchased from a dentist or dental hygienist's office.